

About The Program

This workshop is designed to provide therapists and counselors with knowledge and skills to work with families and children with attachment issues. When children have experienced abuse, neglect and/or insecure attachment through multiple placements, they often develop an inability to form an attached dyadic relationship with caregivers and may exhibit behaviors that are considered by the therapeutic community to be deregulated or at risk. Treatments often focus on changing behaviors instead of connecting with the internal experience of the child in a way that encourages growth in a positive direction. The integration of Dyadic developmental Psychotherapy and Satir Transformational Systemic Therapy provides an effective and safe process in which children can find acceptance, love, belonging and safety while they grow neurologically, emotionally, cognitively and spiritually in the context of the therapeutic relationship.

The focus of this workshop will be on how to provide therapeutic care that re-parents the child with love, playfulness, curiosity, love and acceptance. This workshop will help you to assist clients to build a coherent narrative, 'using words' to express their internal worlds with compassion and love, and speak the unspeakable. It will assist clients in tapping their universal yearnings and their life force energy to lead towards growth and healing to help clients take charge of their lives and live more responsibly in reciprocal relationships. The Satir Model requires that counselors have a high level of therapeutic competence and congruence. The experiential aspects of the training will provide counselors with opportunities to resolve some of the issues which may interfere with the therapeutic process. Therefore, the program will aid counselors in becoming more competent, more confident and more congruent.

Linda Lucas will utilize lecturettes, small group discussions, structured exercises, demonstrations, experiential learning, videotape analysis and skill practice sessions as part of the program. The training program will focus on experiential learning, and developing and practicing skills to help adolescents, children and families with working with attachment issues in a positive directional, therapeutic and goal oriented manner.

Outline of the Program

Day 1: The Integration of Dyadic Developmental Psychotherapy and Satir Transformational Systemic Therapy

1. What is attachment and separation
2. Integrating the foundations of Satir Transformational Systemic Therapy and Dyadic Developmental Psychotherapy:
 - a. The Use of Self in therapy, positively directional Life Energy
 - b. P.A.C.E.: Playfulness, love, acceptance, curiosity and empathy
3. The importance in child development of building the bonds of love to facilitate attachment, its impact on neural activity, and change in the intraphysic and interactive systems.
4. The Intrapsychic experience of healthy attachment/ unhealthy attachment.
5. Review of transformational change and the Five Essential Elements for Transformational Change
6. The Phases of Grief
 - a. The Shock Phase
 - b. The Suffering and Disorganization Phase
7. The Reorganization, Adjustment and Transformation Phase.
8. Tapping internal resources and yearnings to set positively directional goals
9. Demonstration and/or Skill development practice

About Virginia Satir (1916 - 1988)

Virginia was internationally recognized for her creativity in the practice of family therapy. Based on a conviction that people are capable of continued growth, change and new understanding, her goal was to improve relationships and communication within the family unit. Considered to be a pioneer of family therapy, Virginia Satir, the founder of the Satir Model, stayed at the forefront of human growth and family therapy until her death in 1988. Virginia Satir believed that therapy is an intense experience with the inner Self. The therapist helps and encourages the client not only to accept and deal with the pain and problems, but also to accept and live an inner joy and peace of mind.

Day 2: Minimizing the impacts of trauma, grief and loss

1. The parent's attachment interview
2. The Interpersonal experience of grief: working with families:
 - a. the coping stances.
 - b. grieving together
 - c. accepting differences
 - d. supporting each other
3. Building a coherent narrative: transformational intrapsychic change
4. Direct work with children.
 - a. Communication
 - b. The power of touch
 - c. P.L.A.C.E.
 - d. Formula for affect regulation through therapy
 - e. Demonstration and/or Skill development practice

This 2 day workshop is intended for helping professionals working with clients in therapy who have completed a minimum of STST Level I.

Workshop Leader

Linda Lucas, LCPC, is a clinical professional counselor working as a therapist with 16 adolescent females utilizing the Satir Transformational Systemic Therapy and Dyadic Developmental Psychotherapy at a residential treatment center in Lewiston, Idaho. Linda is a former President of the Board of Directors of the Satir Institute of the Pacific and is currently Secretary of the board and a clinical member of the Satir Institute of the Pacific.

Linda is a member of the Idaho Mental Health Counselor's Association; a certified supervisor for licensed professional counselor's in Idaho; and teaches the ethics course for the Idaho Mental Health Counselor's Association. She has provided training for professionals, families and children in China and professional training in Hong Kong. She has assisted in Satir training programs in New Zealand, has presented a workshop on trauma in China following the devastating earthquake in 2008 and is a consultant to a residential treatment center for adolescent girls in Hong Kong.

Registration

Attachment Workshop June 9, 10, 2012

Name: _____

Address: _____

City _____ Province/State _____

Postal/Zip Code _____ Country _____

Phone: (Res) _____ (Bus) _____

(Cel) _____ (Email) _____

Occupation: _____

Employer _____

Master's Degree _____

Other _____

STST Level I

Dates _____ City _____ Trainer _____

STST Level II

Dates _____ City _____ Trainer _____

Fees:	Up to May 18th	After May 18th
SIP members	\$200.00 Cdn	\$225.00 Cdn
Non-members	\$225.00 Cdn	\$250.00 Cdn

Includes coffee/tea breaks, am & pm. No lunch provided

No refunds after May 18, 2012. Refunds, minus a \$35 administration fee before May 18, 2012.

Send registration form and fee to:

Cindi Mueller, Administrative Assistant

Satir Institute of the Pacific

13686 – 94A Street Surrey, BC, Canada V3V 1N1

admin@satirpacific.org www.satirpacific.org

604-634-0572

Satir Transformational Systemic Therapy Level III

Program Description

SIP will offer two-day weekend workshops on a variety of therapeutic topics using the Satir Model. These will include working with *Personality Disorders, Recovering from Loss and Grief, Overcoming Addictions, Working with Eating Disorders, Childhood Sexual Abuse, at risk adolescents etc.* As the weekends are confirmed, they will be announced in the *Wisdom Box* and on the SIP website at www.satirpacific.org.

Program Prerequisites

Participants of STST Level I training programs are all invited to attend the workshops. Certificates of attendance for each two day workshop will be issued by SIP. In order to receive a STST Level III graduate level certificate, participants must:

1. Have successfully completed a STST Level II training program or equivalent (at the discretion of Dr. John Banmen, Director of Training).
2. Have a Master's degree or equivalent (or special permission from Dr. John Banmen, Director of Training)
3. Complete a minimum of 5 weekend workshops in a period of 24 consecutive months.
4. Complete a written case study of one of their client cases dealing with one of the topics from one of the attended workshops.

STST Level II programs may be taken concurrently with STST Level III during our first cycle of the program.

Program Registration

To register for the STST Level III weekends:

1. Complete the registration form for each weekend and submit the registration fee with your form.
2. The cost of each weekend will be \$200 for SIP members and \$225 for non-members in *Canadian funds*.
3. Upon completion of five weekend workshops, submit your case study to *Dr. John Banmen, Director of Training, Satir Institute of the Pacific, 13686 – 94A Street, Surrey, BC V3V 1N1*

For further info, email Dr. Banmen at training@satirpacific.org or call 604-591-9269



Satir Institute of the Pacific

Satir Transformational Systemic Therapy Level III

Attachment Issues with At-Risk Adolescents: Satir Transformational Systemic Therapy and Dyadic Developmental Psychotherapy Model

With

Linda Lucas, LCPC
Clinical Professional Counsellor

June 9, 10, 2012
9 am – 5 pm

Sponsored by

Satir Institute of the Pacific
Under the direction of
Dr. John Banmen, R.Psych, RMFT
SIP Director of Training

Location

Phoenix Center 13686-94A Avenue, Surrey, BC V3V 1N1