

About The Program

This workshop is designed to provide therapist and counsellors with the knowledge and skills to work with children, adults and families through the metaphors of figurines in the sand tray. The focus will be on using the Satir Transformational model as learned in level 1 and 2 through the 3rd dimension of pictures or scenes set up in the sand tray by the child or adult. No previous knowledge of sand tray or play therapy is needed.

A child usually will ‘just play’. By ‘just playing’ they are showing the therapist many aspects of their iceberg, in the past, present and future. Children tend to play in two ways in the sand tray. One is static where they make a picture and it is left intact, the other is where the picture is dynamic and changes are made throughout the session. By knowing the essence of the child’s story the therapist will be able to reflect on how the characters in the scene, feel, feel about how they feel, what expectations they may have and in particular what their yearnings are. The coping stances can be identified from the interaction of figurines in the scenes. In turn the therapist is then able to positively transform the internal world of the “identified figurines.” With adults the model is more directed by the therapist. The individual is invited to make pictures of their iceberg, their family constellation, their coping stances etc. By externalizing the internal world the adult is able to ‘see’ what is happening and create new images that transform the presenting problem to becoming positively directional. The working hypothesis that the author has developed is that by changing the internal world of aspects in the sand tray the individual transforms their own iceberg. The workshop will give all participants the opportunity to use the sand tray and figurines.

This 2 day workshop is intended for helping professionals working with clients in therapy who have completed a MINIMUM of STST Level I.

Participants are encouraged to bring a selection of figurines e.g. family of wild animals, domestic animals, bridge, ugly creature, fences, and jewels.

Outline of the Program

After the two day work shop, through teaching, demonstration, slides of sand trays and skill practice, participants will:

1. Feel comfortable using the sand tray. Know how to set up a sand tray and what kinds of figurines to collect.
2. Understand the images of underlying themes in the sand tray like: fear, lack of safety, abandonment, loneliness, helplessness,
3. Know how to reflect on what is in the sand tray and how to ask questions about what is happening in the sand tray.
4. Be able to recognize all the parts of the iceberg in the sand tray in time and space.
5. Be able to transform the intrapsychic system by facilitating positively directional change in the sand tray and in turn bring about change in the interactive system
6. Know how to help interpersonal systems change from the inside out by changing the images in the sand tray. Tapping internal resources and yearnings to create visible positively directional goals and subsequent healing
7. Making the changes in the sand tray experiential
8. Understand the different ways of ‘using the sand tray through non-directive and directive play.
9. Be made aware of the spiritual use of a ‘private request.’
10. Know how to write a report using the “Satir in the sand tray” method.

About Virginia Satir

Virginia Satir (1916 - 1988) is internationally recognized for her creativity in the practice of family therapy. Based on a conviction that people are capable of continued growth, change and new understanding, her goal was to improve relationships and communication within the family unit.

Considered to be a pioneer of family therapy, Virginia Satir, the founder of the Satir Model, stayed at the forefront of human growth and family therapy until her death in 1988.

Virginia Satir believed that therapy is an intense experience with the inner Self. The therapist helps and encourages the client not only to accept and deal with the pain and problems, but also to accept and live an inner joy and peace of mind.

Workshop Leader

Madeleine De Little has taught all ages from nursery school to grade 12. She has been a school teacher in special education in two continents and has worked therapeutically with some of the most hurt children in our society. Madeleine has been an elementary and high school counsellor for 21 years and has had her own private practice for 12 years.

Madeleine has developed this model of ‘Satir in the Sand tray’ herself by combining her love and commitment to children, traditional play therapy and the Satir Transformational Model which has resonated so intimately with her personally and professionally.

Madeleine has taught ‘Satir in the Sand tray’ in Canada, Slovakia and Czech Republic, at the B.C. School Counsellors Conference, B.C. Play therapy Association, and Satir Advanced Training. Madeleine continues to work with children and their families through the Ministry of Children and Families, Crime Victims Assistance, preparing children for court, writing and presenting view of the child reports for court and representing the child at mediations and Judicial Case Conferences etc.



Satir Institute
of the Pacific

Registration

STST Level III Satir in the Sand Tray Dec 3&4 2011

Name: _____

Address: _____

City _____ Province/State _____

Postal/Zip Code _____ Country _____

Phone: (Res) _____ (Bus) _____

(Cell) _____ (Email) _____

Occupation: _____

Employer _____

This registration is to be applied to STST Level III

Yes No

STST Level I

Dates _____ City _____ Trainer _____

STST Level II

Dates _____ City _____ Trainer _____

Fees:	Up to Nov 11th	After Nov 11th
SIP members	\$200.00 Cdn	\$225.00 Cdn
Non-members	\$250.00 Cdn	\$275.00 Cdn

Includes coffee/tea breaks, am & pm. No lunch provided.

No refunds after November 11th 2011. Refunds, minus a \$35 administration fee before November 11th, 2011.

Send registration form and fee to:
Cindi Mueller, Administrative Assistant
Satir Institute of the Pacific
13686 – 94A Avenue
Surrey, BC, Canada V3V 1N1
admin@satirpacific.org
www.satirpacific.org

Satir Transformational Systemic Therapy
Level III

Program Description

Over the next year, 2011 / 2012 SIP will offer a variety of two-day weekend workshops on therapeutic topics using the Satir Model. These will include working with grief, childhood sexual abuse, at risk adolescents, and marriage preparation. As the weekends are confirmed, they will be announced in the *Wisdom Box* and on the SIP website at www.satirpacific.org.

Program Prerequisites

Participants of STST Level I training programs are all invited to attend the workshops. Certificates of attendance for each two day workshop will be issued by SIP. In order to receive a STST Level III graduate level certificate, participants must:

1. Have successfully completed a STST Level II training program or equivalent (at the discretion of Dr. John Banmen, Director of Training).
2. Have a Master's degree or equivalent (or special permission from Dr. John Banmen, Director of Training)
3. Complete a minimum of 5 of the 8 two-day weekend workshops in a period of 24 consecutive months.
4. Complete a written case study of one of their client cases dealing with one of the topics from one of the attended workshops.

STST Level II programs may be taken concurrently with STST Level III. Participants wishing to receive a STST Level III graduation certificate must have completed STST Level II before completing the 5 required weekend workshops for the STST Level III program.

Program Registration

To register for the STST Level III weekends:

1. Complete the registration form for each weekend and submit the registration fee with your form.
2. The cost of each weekend will be \$150 for SIP members and \$165 for non-members in *Canadian funds*.
3. Please ensure that you have checked "yes" to apply the workshop towards your completion of the STST Level II requirements.
4. Upon completion of five weekend workshops, submit your case study to *Dr. John Banmen, Director of Training, Satir Institute of the Pacific, 13686 – 94A Street, Surrey, BC V3V 1N1*

For further info, email Dr. Banmen at training@satirpacific.org or call 604-634-0572



Satir Institute
of the Pacific

Satir Transformational Systemic Therapy
Level III

Satir in the Sand Tray
Where words cannot reach

Madeleine De Little, B. Ed., M.Sc.

December 3rd & 4th, 2011
9 am – 5 pm

Sponsored by
Satir Institute of the Pacific
Dr. John Banmen, Director of Training

Location
23253 Francis Ave, Fort Langley, B.C. V1M 2R7
This is in a residential area so parking is limited.
There are many restaurants nearby for lunch