

About The Program

The Satir Transformational Systemic Therapy Model (STST) is unique in encompassing both the intrapsychic and interactive components of therapy. The process taps the universal yearnings and spiritual essence of individuals within their personal family and social systems and helps them work towards a sense of responsible wholeness. When the spiritual essence is accessed experientially, positive possibilities become easily apparent and transformational change as an energetic shift becomes possible. With transformational change, clients experience more of their true essence and release the negative impacts they have held.

The most important element of therapy for facilitating transformational change is the Self of the therapist. This includes more than building good rapport or having good therapeutic skills. How the therapist experiences their own spiritual energy greatly impacts how the client accesses their own spiritual energy. The therapist must be congruent, but even more than that. A deep connection with spiritual energy leads to greater connection with intuition and universal wisdom. New possibilities for both therapist and client become available.

The impact of intrapsychic transformational change is dramatic. Clients experience themselves, others and their contexts in more positive ways. They become more willing to make new connections, accept differences, and release reactive feelings, perceptions and expectations that have kept them from being open to themselves and others.

Objectives:

1. make contact with clients' spiritual essence and internal resources
2. understand the five essential elements of transformational change
3. use one's own spiritual essence as a channel for helping clients heal
4. tap intuition to help guide clients towards positive possibilities
5. facilitate transformational change with clients through experiencing Life Energy and impacts

The workshop leader will incorporate lecturettes, discussion, experiential exercises, and small group work and skill development practice as part of the program. This 2 day workshop is intended for helping professionals working with clients in therapy who have completed a minimum of STST Level I.

Outline of the Program

Day 1

- Review of transformational change
- The role of therapists' congruence in transformational change
- Universal love vs. personal love: love is always available
- Acceptance at the spiritual level
- Reading clients' energy fields
- Managing one's own energy fields
- Developing intuition

Day 2

- Experiencing clients through positively directional, spiritual energy
- Yearnings as a channel for change
- Experiencing one's own and clients' resources
- Life energy already knows: allowing clients to tell you what they need from the spiritual level
- Bringing about change from the spiritual essence of therapist and client
- Therapy demonstration

About Virginia Satir

Virginia Satir (1916 - 1988) is internationally recognized for her creativity in the practice of family therapy. Based on a conviction that people are capable of continued growth, change and new understanding, her goal was to improve relationships and communication within the family unit.

Considered to be a pioneer of family therapy, Virginia Satir, the founder of the Satir Model, stayed at the forefront of human growth and family therapy until her death in 1988.

Virginia Satir believed that therapy is an intense experience with the inner Self. The therapist helps and encourages the client not only to accept and deal with the pain and problems, but also to accept and live an inner joy and peace of mind.

Workshop Leader

Kathlyne Maki-Banmen, MA, RCC, has been training therapists in using Virginia Satir's Systemic Therapy Model for the past 13 years. She has trained therapists in Hong Kong, India, Singapore, the Czech Republic, Slovakia, Thailand, Canada and the USA. She has been providing workshops and seminars to therapists, educators and parents for thirty years.

Ms. Maki-Banmen spent over ten years working with at-risk adolescents and their families in public schools in British Columbia as a special education teacher with developmentally delayed and learning disabled students and as a suicide prevention counsellor. She was also the head teacher of an alternative high school program with students who were no longer welcome in the regular school system because of their severe behavioral problems.

Ms. Maki-Banmen is the Past-President and a member of the Board of Directors, and a program leader of the Satir Institute of the Pacific, a non-profit therapy training organization. She is also a member of the International Family Therapy Association and the British Columbia Association of Clinical Counsellors.

Ms. Maki-Banmen is presently in private practice in Delta, BC, Canada, working with individuals, couples and families in therapy

Registration

Use of Self Workshop May 19, 20, 2012

Name: _____

Address: _____

City _____ Province/State _____

Postal/Zip Code _____ Country _____

Phone: (Res) _____ (Bus) _____

(Cel) _____ (Email) _____

Occupation: _____

Employer _____

Master's Degree _____

Other _____

STST Level I

Dates _____ City _____ Trainer _____

STST Level II

Dates _____ City _____ Trainer _____

Fees:	Up to Apr 27th	After Apr 27th
SIP members	\$200.00 Cdn	\$225.00 Cdn
Non-members	\$225.00 Cdn	\$250.00 Cdn

Includes morning coffee/tea break. No lunch provided

No refunds after April 27, 2012. Refunds, minus a \$35 administration fee before April 27, 2012.

Send registration form and fee to:

Cindi Mueller, Administrative Assistant

Satir Institute of the Pacific

13686 – 94A Street Surrey, BC, Canada V3V 1N1

admin@satirpacific.org www.satirpacific.org

604-634-0572

Satir Transformational Systemic Therapy Level III

Program Description

SIP will offer two-day weekend workshops on a variety of therapeutic topics using the Satir Model. These will include working with *Personality Disorders, Recovering from Loss and Grief, Overcoming Addictions, Working with Eating Disorders, Childhood Sexual Abuse, at risk adolescents etc.* As the weekends are confirmed, they will be announced in the *Wisdom Box* and on the SIP website at www.satirpacific.org.

Program Prerequisites

Participants of STST Level I training programs are all invited to attend the workshops.

Certificates of attendance for each two day workshop will be issued by SIP. In order to receive a STST Level III graduate level certificate, participants must:

1. Have successfully completed a STST Level II training program or equivalent (at the discretion of Dr. John Banmen, Director of Training).
2. Have a Master's degree or equivalent (or special permission from Dr. John Banmen, Director of Training)
3. Complete a minimum of 5 weekend workshops in a period of 24 consecutive months.
4. Complete a written case study of one of their client cases dealing with one of the topics from one of the attended workshops.

STST Level II programs may be taken concurrently with STST Level III during our first cycle of the program.

Program Registration

To register for the STST Level III weekends:

1. Complete the registration form for each weekend and submit the registration fee with your form.
2. The cost of each weekend will be \$200 for SIP members and \$225 for non-members in *Canadian funds*.
3. Upon completion of five weekend workshops, submit your case study to *Dr. John Banmen, Director of Training, Satir Institute of the Pacific, 13686 – 94A Street, Surrey, BC V3V 1N1*

For further info, email Dr. Banmen at training@satirpacific.org or call 604-591-9269



Satir Institute of the Pacific

Satir Transformational Systemic Therapy Level III

Use of Self

With

Kathlyne Maki-Banmen, MA, RCC
Individual, Couple and Family Therapist

May 19, 20, 2012
9 am – 5 pm

Sponsored by

Satir Institute of the Pacific
Dr. John Banmen, Director of Training

Location

Phoenix Center
13686-94A Avenue, Surrey, BC V3V 1N1