

## About The Program

This is a two day workshop on how to use Satir Family Therapy more effectively in your practice. The workshop will be divided into two parts.

Day I – Improving your clients and your own family systems

Improving the family system will stress building on the positive of each family member, cooperatively and supportively.

Day II – Repairing your Clients and your own family System

Repairing will focus on bringing about changes necessary, past and present, to allow the positive energy to flow (again).

The Satir Model requires that counsellors have a high level of therapeutic competence and congruence. The experiential aspects of the training will provide counsellors with opportunities to resolve some of the issues which may interfere with the therapeutic process. Therefore, the program will aid counsellors in becoming more competent, more confident and more congruent.

Dr. John Banmen will utilize lecturettes, small group discussions, structured exercises, demonstrations, experiential learning, videotape analysis and skill practice sessions as part of the program.

**This 2 day workshop is intended for helping professionals working with clients in therapy who have completed a MINIMUM of STST Level I.**

## Outline of the Program

Topics to be covered include:

1. What does a healthy family look like?
2. What does a dysfunctional family look like?
3. How to engage all family members in sessions.
4. How to assess what is and what needs changing.
5. How to bring about some necessary changes.
6. How to deal with some specific issues such as family conflict and individual differences.
7. How individual changes are necessary for the family to be a healthy system.

Come see what Dr. John Banmen has been teaching in China that is relevant to our family therapy practice.

## About Virginia Satir

**Virginia Satir (1916 - 1988)** is internationally recognized for her creativity in the practice of family therapy. Based on a conviction that people are capable of continued growth, change and new understanding, her goal was to improve relationships and communication within the family unit.

Considered to be a pioneer of family therapy, Virginia Satir, the founder of the Satir Model, stayed at the forefront of human growth and family therapy until her death in 1988.

Virginia Satir believed that therapy is an intense experience with the inner Self. The therapist helps and encourages the client not only to accept and deal with the pain and problems, but also to accept and live an inner joy and peace of mind.

## Workshop Leader

**John Banmen, R. Psych., RMFT** is internationally known as an author, therapist and educator. His training programs have taken him to over a dozen countries in Asia, Europe, South America and North America. He has authored and edited several books focusing on the Satir Model of therapy including *In Her Own Words: Virginia Satir Selected Papers 1963 – 1983*.

Dr. Banmen is the founding president of the BC Association for Marriage and Family Therapy, a former member of the Board of Directors of the American Association for Marriage and Family Therapy (AAMFT), a former member of the Board of Directors of the BC Psychological Association, a former member of the Board of Directors of the International Family Therapy Association and presently the Director of Training for the Satir Institute of the Pacific.

Dr. Banmen was recently, for four years, honorary Associate Professor at the University of Hong Kong and was on faculty at the University of British Columbia for 21 years. He is an Approved Supervisor with AAMFT and provides extensive supervision for counsellors, psychotherapist and family therapists. He also practices privately in Delta, British Columbia, Canada, with individuals and couples in family therapy



***"The goal is to be as fully human as we possibly can be.... when we are in touch with our personal power, we are in touch with our Divinity."***

***Virginia Satir***

### Registration

Satir Family Therapy April 14, 15, 2012  
(cut and mail)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ Province/State \_\_\_\_\_

Postal/Zip Code \_\_\_\_\_ Country \_\_\_\_\_

Phone: (Res) \_\_\_\_\_ (Bus) \_\_\_\_\_

(Cel) \_\_\_\_\_ (Email) \_\_\_\_\_

Occupation: \_\_\_\_\_

Employer \_\_\_\_\_

Master's Degree \_\_\_\_\_

Other \_\_\_\_\_

#### STST Level I

Dates \_\_\_\_\_ City \_\_\_\_\_ Trainer \_\_\_\_\_

#### STST Level II

Dates \_\_\_\_\_ City \_\_\_\_\_ Trainer \_\_\_\_\_

Fees:	Up to Mar 23 <sup>rd</sup>	After Mar 23 <sup>rd</sup>
SIP Members	\$200.00 Cdn	\$225.00 Cdn
Non Members	\$225.00 Cdn	\$250.00 Cdn

Includes coffee/tea breaks, am & pm. No lunch provided

No refunds after March 23, 2012. Refunds, minus a \$35 administration fee before March 23, 2012.

Send registration form and fee to:  
**Cindi Mueller, Administrative Assistant**  
**Satir Institute of the Pacific**  
**13686 – 94A Street Surrey, BC, Canada V3V 1N1**  
[admin@satirpacific.org](mailto:admin@satirpacific.org) [www.satirpacific.org](http://www.satirpacific.org)  
604-634-0572

## Satir Transformational Systemic Therapy Level III

### Program Description

SIP will offer two-day weekend workshops on a variety of therapeutic topics using the Satir Model. These will include working with *Personality Disorders, Recovering from Loss and Grief, Overcoming Addictions, Working with Eating Disorders, Childhood Sexual Abuse, at risk adolescents etc.* As the weekends are confirmed, they will be announced in the *Wisdom Box* and on the SIP website at [www.satirpacific.org](http://www.satirpacific.org).

### Program Prerequisites

Participants of STST Level I training programs are all invited to attend the workshops. Certificates of attendance for each two day workshop will be issued by SIP. In order to receive a STST Level III graduate level certificate, participants must:

1. Have successfully completed a STST Level II training program or equivalent (at the discretion of Dr. John Banmen, Director of Training).
2. Have a Master's degree or equivalent (or special permission from Dr. John Banmen, Director of Training)
3. Complete a minimum of 5 weekend workshops in a period of 24 consecutive months.
4. Complete a written case study of one of their client cases dealing with one of the topics from one of the attended workshops.

STST Level II programs may be taken concurrently with STST Level III. Participants wishing to receive a STST Level III graduation certificate must have completed STST Level II before completing the 5 required weekend workshops for the STST Level III program.

### Program Registration

To register for the STST Level III weekends:

1. Complete the registration form for each weekend and submit the registration fee with your form.
2. The early bird cost of each weekend will be \$200 for SIP members and \$225 for non-members in *Canadian funds*.
3. Upon completion of five weekend workshops, submit your case study to *Dr. John Banmen, Director of Training, Satir Institute of the Pacific, 13686 – 94A Street, Surrey, BC V3V 1N1*

For further info, email Dr. Banmen at [training@satirpacific.org](mailto:training@satirpacific.org) or call 604-634-0572



# Satir Institute of the Pacific

Satir Transformational Systemic Therapy Level  
III

## Satir Family Therapy

with

**Dr. John Banmen, RPsych, RMFT**  
Psychologist and Family Therapist

**April 14, 15, 2012**  
9 am – 5 pm

sponsored by

**Satir Institute of the Pacific**  
Dr. John Banmen, Director of Training

*Location*

**Phoenix Centre (Boardroom)**  
13686-94A Avenue, Surrey, BC V3V 1N1